About Podcasts

Think of the podcasts as radio shows. Each show consists of a series of individual episodes that you can listen to how you want - on your PC, using your MP3 player, or with just a web browser.

You can listen to these episodes one at a time (say using your web browser) or you can 'subscribe' to the entire podcast series using software on your PC.

When you subscribe to a podcast, all new shows will be automatically downloaded to your computer as they are published. And if you have an MP3 player, the next time you sync your device, your podcasts will be downloaded for listening on the go.

Learn more about podcasting